

**NEWSLETTER**

# January & February 2010



**OFFICE INFORMATION**

CO-OP Mall, Unit 7  
( Beside Sears )  
10200- 8th Street  
Dawson Creek, BC, V1G 3P8

Telephone: 250-782-1138  
Toll Free: 1-866-782-1138  
Fax: 250-782-2133

**OFFICE HOURS**

Monday -Friday  
9:00 a.m.-4:00p.m.

**STAFF**

**Carmen Girard**  
Program Coordinator  
cfossum@spcrs.ca  
Ext. 221

**Raelene Pearson**  
Resource Educator  
rpearson@spcrs.ca  
Ext. 222

**Brigitta Ratschker**  
Personnel & Practice Coordinator  
bratschker@spcrs.ca  
Ext. 224

## ***In This Issue***

- Upcoming Workshops
- Job Postings
- Toy Lending Library
- Theme Box Ideas
- Evening Playgroup Information
- Crafts & Recipes
- Monthly Calendar

## ***Office Closure***

**January 1st, 2010: New Year's Day!**

***Our office will re-open: January 4th, 2010 at 9:00am***



SOUTH PEACE COMMUNITY RESOURCES SOCIETY

Check out our website at: [www.childcarechoices.ca](http://www.childcarechoices.ca)

# The latest

## EXTENDED HOURS

<b><u>Late Opening</u></b> :	January 12th February 9th	9:00am– 8:00pm 9:00am– 8:00pm
<b><u>Weekend Opening:</u></b>	January 23rd February 20th	10am-Noon 10am-Noon

The website below has information regarding self employed people being able to start paying into Employment Insurance starting January 2010.

Please see the link for more information.

<http://www.taxtips.ca/cppandei/eiselfemployed.htm>



## Going on Maternity Leave

Well; as most of you probably know by now, my husband and I are expecting our first baby! Therefore I will be going on maternity leave soon. My last day of work at CCRR will be Friday, January 29th. This will allow me some time at home before our bundle of joy arrives! It has been a pleasure meeting everyone.

*Carmen Girard*  
Program Coordinator

For the last year and a half I have enjoyed my employment here at CCR&R as the Resource Educator. My last day of work will be February 26, 2010 as my husband and I are expecting our second child. I want to thank all the wonderful daycare providers, parents, children and co-workers who helped make my job so enjoyable, I will miss you all!

*Raelene Pearson*  
Resource Educator

# Fingerplay Boot Camp!

**E.C.E. \* Librarians \* Parents \* Literacy Professionals \* Teachers**

A workshop to spark the long awaited fingerplay renaissance! Participants work in small and large groups to learn basic concepts and to exercise skills. Complete, thorough handouts guarantee that no book learning will be lost through all the giggling, chortling and guffawing that will comprise most of the day.

Children learn more quickly when they are having fun. So do we.

1-2-3 Guarantee-Participants will acquire:

## 1. **Enthusiasm!**

- Vast enthusiasm about fingerplays and action rhymes-everyone is a dynamic finger-player
- Passion about body rhymes-learn about their importance to brain development, physical, social, emotional well being
- The workshop is drastically entertaining

## 2. **Skills!**

- Techniques to avoid the repetition trap-to keep you in the game and interested
- Spontaneity boot camp-a system for creating new fingerplays on the fly, or adapting old ones by co-creating with children
- Three golden rules of creating and improvising fingerplays
- Wiggles Welcome: ways to harness group contagion and refocus “fidgety” energy toward success
- The power of yes-coping strategies for difficult situations

## 3. **The Goods-New Fingerplays and Rhymes!**

- Kinaesthetic quickies for successful story times
- Fill your sack with exciting new sure-fire rhymes
- Become a master of the art of Big Sleeves-always have new delight up your sleeve

In Fingerplay Boot Camp! You will fill that bag of tricks to overflowing. More importantly, you will reinvent your approach to physical poetry and games. You will bring a new life to your story times, a spirit which will open the door to joy, learning and success.



**When: Saturday, January 23rd, 2010**

**Where: Location TBA**

**Time: 9:00am-4:30pm**

(9:00am-9:30am is social time)

**Cost: \$20.00 per person**

(lunch will be provided)

**Pre-registration and payment is required by**

***January 15th, 2010***

**Call Carmen @ 250-782-1138 ext. 221**

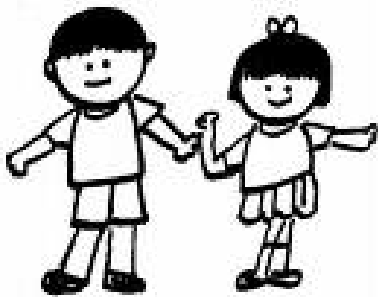
## UPCOMING WORKSHOP

# Raising Preschoolers Without Raising the Roof!

Cathy Nelson will be presenting this 4 hour workshop covering development, sleeping, eating, toilet training, tantrums and discipline for children in the preschool years.

*Bring along any questions that you would like answered or discussed.*

**Anyone is welcome to attend including parents, caregivers or professionals.**



**When: Saturday, January 9th, 2010**

**Where: CCRR Office, CO-OP Mall**

**Time: 12:30pm-4:30pm**

**Cost: \$5.00**

*Please register before January 5th, 2010  
by calling Carmen at: 250-782-1138 ext 221*

Do you work all day?  
Never get to take your children to fun playgroups?  
CCRR can offer you a solution!!

# BEDTIME STORIES

An evening playgroup for children ages 0-6 along with their parent/caregiver. Come join us on **January 12th, 2010** and **February 9th, 2010** from 6:30pm-7:30pm for free play, a craft and then a song or story for wind down time.

The drop-in  
program is free and  
anyone is  
welcome!



**2 EXCITING UPCOMING JOB OPPORTUNITIES!!!!!!**  
**LOOK FOR POSTINGS ON OUR WEBSITE**  
(visit *www.spcrs.ca* under career opportunities)

**CHILD CARE RESOURCE & REFERRAL FACILITATOR**

SOUTH PEACE COMMUNITY RESOURCES SOCIETY

**Job Summary:**

The CCR&R Facilitator will facilitate the day-to-day activities of the Childcare Resource & Referral Program while providing resource and consultation services to parent, child care providers and other professionals.

**Qualifications:**

Early Childhood Education Diploma and two years experience in a supervised setting;  
or an equivalent combination of education and/or experience  
All supervised settings to be in services to children.

**Hours of Work:**

30 hours per week, flexible to meet the needs of the program

**Resource/Education Worker – Child Care Resources & Referral (Dawson Creek)**

**Job Summary:**

The Resource/Educator will work in partnership with service providers. Ensure activities are conducive with child care setting policies. Promote, create and offer activities to child care settings that stimulate and develop children's intellectual, physical, emotional and social growth.

The Resource/Educator will promote and offer educational events to child care providers and others in the community.

**Qualifications:**

Grade 12, plus post secondary training in child care or a related field of up to one (1) year. Experience working in a child care setting or an equivalent combination of education and/or experience.

**Hours of Work:**

28 hours per week, flexible to meet program needs

**For more information call**  
**Lori Brooks, Human Resource Coordinator**  
**South Peace Community Resources Society**  
**250 782 9174 ext. 228**  
**or**  
**lbrooks@spcrs.ca**

# National Child Day

WAS A SUCCESS!!!!!!



**Special thanks to all the volunteers and supporters who made National Child Day a success!!!**

# THEME BOXES

We have a wide variety of Theme Boxes for you to borrow. They can be borrowed for 2 weeks at a time. Our Theme Boxes are full of games, activities, books, toys and much more all pertaining to that subject! Come take advantage of this awesome opportunity and FUN for all!! Listed below are just some of the Theme Boxes that we have available.

Community Helpers



Winter



Dinosaurs



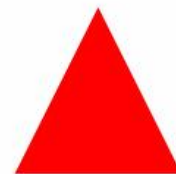
Space



Construction



Colors, Shapes & Numbers



# TOY LENDING



115-Oogly Googly building set 100pc



TY 116-Tinker toys 57pc



TY 119-Lego table & 2 chairs



TY 113- Small Lego Building Set



TY180-Community Car Set 15pc.



TY205—Playhouse/Slide

## Paper Snowman

\*\*\*Great Shape Activity\*\*\*

### Supplies

- Black and white construction paper
- Other various colors of paper
- Glue stick
- Scissors
- Pencil

### Directions

1. Depending on your preschooler's age and ability, either draw and cut shapes, draw and have her cut shapes, or have her draw and cut shapes out of the different colors of paper
2. \*\*\*Need: 3 white circles, small shapes for eyes, nose, and buttons, rectangles for arms and hat\*\*\*
3. Arrange the shapes on the black construction paper to make your own unique snowman
4. Glue shapes onto paper with glue stick

### Notes

Talk about and name the different shapes with your preschooler. For more shape activities, check out my [preschool math activities](#).

- Another great way to use this craft is to make them into personalized placemats. Laminate or cover with clear contact paper.



- 2 large pink pom poms
- 2 small wiggle eyes
- 1 large pink foam heart
- 2 medium pink foam hearts
- 1 medium red foam heart
- 1 small pink foam heart
- 2 medium pink foam circles
- 1 miniature purple pom pom
- White craft glue or hot glue gun
- Valentine message on a slip of paper (optional)

## POM POM VALENTINE CRITTER



### How to make it:

1. Place large pink foam heart on table and glue one of the large pink pom poms to it, allowing the rounded tops of the heart to stick out as the feet.
2. Glue the second large pink pom pom to the top of the first one.
3. Glue 2 medium pink hearts on as ears.
4. Glue pink circles to the sides of the lower pom pom as paws.
5. Glue the red heart to the tummy.
6. Glue the miniature purple pom pom to the center of the humps on the small pink heart.
7. Glue the small pink heart to the face.
8. Glue wiggle eyes above the small pink heart.
9. If you like, write a Valentine message on a slip of paper and glue it to the bottom of the large heart (feet).

### Tips:

- White craft glue works great on craft foam. Hot glue is always faster, so either one will work well for this project.
- Pom poms and foam shapes can be purchased in value packs as well as holiday themed packs.
- Glue a magnet to the bottom of the feet and your critter will stick to your teacher's file cabinet!

# Quick Recipes

## Cornflake Wreaths

### Ingredients:

- 1/2 cup butter
- 3 cups miniature marshmallows
- 1/2 tsp almond extract
- 1/2 tsp vanilla extract
- 1 tsp green food color
- 4 cups corn flakes
- red m&m's
- silver balls (small silver candies from the baking aisle)

### Directions:

1. Melt butter, add marshmallows, stirring until all marshmallows are melted. Add extracts and food coloring; stir until it is a uniform green color.
2. When mixture is smooth, add corn flakes; mix well but gently so as not to crush the cornflakes.
3. Form into wreath shapes on sheets of waxed paper, decorate with red M&M's and silver candies.
4. Let cool.

## Valentine Sandwiches

### Ingredients:

- bread
- strawberry jam

### Directions:

1. Make strawberry jam sandwiches and cut them out with a heart shaped cookie cutter.



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## Cereal Jewelry

Make Simple Jewelry Using Cereal and Chenille Stems

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This is a fun and simple activity that can even be a snack! Just let the kids keep threading the cereal onto the chenille stems until they get bored, and then they can eat them.

- **Age Guideline:** 2 Years and Up
- **Time Required:** 10 minutes (Does not include drying time)



# January 2010

SUN	MON	TUES	WED	THURS	FRI	SAT
					<b>1</b> <b>CLOSED</b> New Year's Day!	<b>2</b>
<b>3</b>	<b>4</b> CCRR Office re-opens 9:00am	<b>5</b>	<b>6</b>	<b>7</b> Playgroup starts back up! 10:30am	<b>8</b> 	<b>9</b> Cathy Nelson Workshop 12:30pm-4:30pm
<b>10</b>	<b>11</b>	<b>12</b> Late Opening 9am-8pm Bedtime Stories 6:30pm-7:30pm	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> Fingerplay Bootcamp Workshop 9:00am-4:30pm
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b> Carmen's last day!	<b>30</b>
<b>31</b>						

# February 2010

SUN	MON	TUES	WED	THURS	FRI	SAT
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> Late Opening 9am-8pm  Bedtime Sto- ries 6:30pm- 7:30pm	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b> Valentine's Day	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b> <u>OPEN</u> 10am- Noon
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> Raelene's last Day!	<b>27</b>
<b>28</b>						