

**Cariboo Early Learning Conference – “Building Relationships with Children”
October 16, 2010
Registration Form**

1. Participant Information:

Last Name	First Name	Organization
Address	City/Province	Postal Code
Phone	Email Address	

If you have any special requirements (dietary, accessibility, etc.) please contact Sheila at the Quesnel CCRR at 250-992-7606 or email manning2@quesnelbc.com.

**Check in on Saturday, October 16, 2010 begins at 8:00 a.m. at CNC, as does a continental breakfast. Keynote at 8:30. Morning sessions begin at 9:45.
Lunch will be served at noon. Afternoon sessions begin at 1 p.m.**

2. Workshop Selections

*Please choose one (1) a.m. session and one (1) p.m. session:***

****Dr. Deborah MacNamara's workshops are space limited ... First come first served.**

Place a tick mark (✓) in each of your first, second and third choices for both a.m. and p.m.

	Session	1 st Choice	2 nd Choice	3 rd Choice
A.M.	Tears, Tantrums and Turmoil			
	Block Play: Building a Child's Mind			
	Who's Managing Your Money			
P.M.	You're Not the Boss of Me			
	Non-Directive Play			
	Going Green in Childcare Centers			

3. Registration Fees

CCRR Registered Care Providers:

Early Bird Registration (received up to and including October 1, 2010, 4 p.m.) \$35.00

Late Registration (from October 2 through October 16) \$45.00

Other Early Learning Professionals:

Early Bird Registration (received up to and including October 1, 2010, 4 p.m.) \$40.00

Late Registration (from October 2 through October 16) \$50.00

Note that if you plan to register on the day of the event, please let us know in advance.

Total Enclosed

Send payment by cheque or money order, along with this form to:

New Focus Society, 469A Anderson Drive. Quesnel, BC V2J 5J4

****** Please let us know by October 1 if you have registered and will not be able to attend. Your fee will be refunded, less a \$5.00 handling fee. After October 1 there will be no refunds.**

Non-Directive Play – Building a Child's Self-Esteem *Megan Klotz*

In this workshop the specific play technique of non-directive play (also known as child-centred play) will be discussed. This play technique is a powerful method to increase the child's self-esteem. This technique is also very powerful for increasing a child's compliance and decreasing oppositional defiant behaviour. Although this technique is particularly valuable in the home setting, it has applications in child care settings, especially where non-compliance or difficult behaviour is a concern.

Megan Klotz is a Child and Youth Mental Health Clinician and has worked in mental health for 16 years, specializing in children and youth for 12 years. Her focus is working with children under the age of 5 and their parents. Megan enjoys teaching parenting programs and is fond of asking parents who have taken her course, "How are your play sessions going?"

Child Minding Available During Sessions

We are offering child minding by pre-registration only during the keynote, morning and afternoon sessions. You will be responsible for your child(ren) during the lunch break. The charge is \$5.00 for lunch. (If your child will not be eating lunch there is no charge). The continental breakfast is not available to children. The child minders will be teenage girls who will be in frequent contact with CCRP staff during the event sessions.

Visit the Marketplace

During the morning and lunch breaks visit the Mini Market in the college atrium. We are arranging booths with information and items for childcare providers, children and parents. So far, the following will be there:

Wee Two Treasures
J&S Fabulous Felts
Wood, Wheels & What Knots
Magnetic Creations & Gemstones
Nature-Kins
Jen's Eye Spy Bags
Baking by Design

... and so much more yet to be arranged

Please join us in thanking the following for making this conference possible:

The staff of New Focus Society / Quesnel CCRP
The College of New Caledonia, Quesnel Campus
All of our Presenters and Marketplace vendors

Who's Managing Your Money?
Janet Brooks

You manage your family, your home, your business but who manages your money? This workshop will lead you through the maze of money management. Learn the basics of money you weren't taught in school; why women approach money differently; what secrets may be stopping your success; and where to start to gain control over your financial future. This workshop delivers the real goods on what it takes to succeed in managing money.

Janet Brooks has been educating and empowering women to gain control of their lives for over ten years. After years of reading books, taking courses and applying new strategies with clients and friends, Janet began sharing her insights through workshops and casual conversations with women. As a financial advisor, her passion is to show women simple ways to improve their finances.

**Lunch will be served in the cafeteria off the main atrium.
There will be ample time to eat and visit the Marketplace.**

SATURDAY P.M. SESSIONS

You're Not the Boss of Me: Understanding Resistance
Dr. Deborah MacNamara

Children are naturally inclined to resist and oppose when feeling pressed upon or controlled. Although the reaction is quite normal and even healthy in certain circumstances, its manifestations and impact can be highly disruptive and disturbing, making life difficult for parents and teachers. Strategies on how to handle this misunderstood and troublesome reaction will be presented.

Going Green in Childcare Centres
Barbara Mark

This interactive workshop will focus on sharing ideas on how to make the childcare venue a more environmental one. Childcare workers are always pressed for time, but with a few expectations and values laid out beforehand, parents can be brought on board to make daycares a place where our young children can learn to be more responsible stewards of our environment. Workshop topics will include: Crafts and Activities, Snacks and Lunches, Composting and Recycling, Cleaning Products and Practices, Toys, Bag Lunches (Tips for Parents), Composting and Recycling, Gardening with Kids, Lawn and Garden Care, and Air Quality.

Barbara Mark has a Bachelor of Science in Ecology and a Bachelor of Education from the University of BC. She sits on the Cariboo Regional District Solid Waste Management Committee, is a parent representative on the School District 28 Climate Action Committee, and is a former director of the Quesnel Environmental Society. She has worked as a substitute in daycares in Whistler and Victoria, taught kindergarten last year in Quesnel, and is currently working as a resource and learning assistance teacher. She has three children of her own: Ages 8, 6 and 3.

KEYNOTE:
HEART MATTERS: BUILDING STRONG RELATIONSHIPS WITH CHILDREN
Dr. Deborah MacNamara

Attachment is the greatest need children have. How do we provide the conditions that children really need in order to grow? How do we provide discipline and direction without it backfiring? This presentation offers compassionate, common sense solutions for maintaining and rebuilding the emotional connections with children. Topics include the importance of attachment, an understanding of its development, and how to cultivate deep attachments with children.

Dr. Deborah MacNamara is a clinical counselor and educator in private practice helping parents, teachers, and childcare professionals make sense of children and adolescents in their care. She has over 15 years experience as a teacher and counselor in mental health and educational settings. Deborah is a dynamic presenter and writes on a number of parenting issues and has been published in parenting magazines and newsletters across Canada. She interned with Dr. Gordon Neufeld and is on faculty at the Neufeld Institute.

SATURDAY A.M. SESSIONS

Tears, Tantrums and Turmoil: Understanding Frustration in Children
Dr. Deborah MacNamara

How does your child manage their frustration when things don't work out for them and when they don't get what they want? Stepping in to help children take up a relationship with their frustration will be one of your best investments as a caregiver. Frustrations can become overwhelming; it is important to understand how this can lead to aggressive behaviour.

Block Play: Building a Child's Mind
Vicki Esplen

In this workshop we will discuss the benefits of play and how play can be an effective and enjoyable way for children to develop skills. We will specifically focus on block play – what children can do with them and what they can learn from building with them. This session will include such things as what kind of blocks, how many blocks and what you and the children can do with those blocks. Be prepared to play and build!

Vicki Esplen is the District Literacy Resource Teacher and Early Learning Coordinator for School District #28. She has many years of practical experience teaching young children, preschool through kindergarten. Her workshops are energetic and full of ready-to-use ideas.

CARIBOO EARLY LEARNING CONFERENCE
October 16, 2010 – Quesnel, BC

The Quesnel Child Care Resource and Referral Program (administered by New Focus Society) is pleased to present our third annual early learning conference.

Building Relationships with Children sessions are being held on Saturday at the Quesnel Campus of the College of New Caledonia from 8:30 a.m. to 3:00 p.m. We thank CNC for their partnership in providing the venue.

This conference offers many opportunities for learning. Dr. Deborah MacNamara will present the keynote – ***Heart Matters: Building Strong Relationships with Children*** – during a continental breakfast at 8:30 on Saturday morning. There are six workshops to choose from after the keynote. A buffet lunch will be served and there will be a Marketplace.

We will be offering "free" child minding during sessions – see details on Page 5.

Workshops in Brief

AM Workshops:

- Tears, Tantrums and Turmoil: Understanding Frustration in Children
Dr. Deborah MacNamara - Helping children take control over their frustrations.
- Block Play: Building a Child's Mind
Vicky Esplen – Explore how block play can help children develop skills.
- Who's Managing Your Money?
Janet Brooks – Take a journey through the maze of money management.

PM Workshops:

- You're Not the Boss of Me: Understanding Resistance
Dr. Deborah MacNamara – Handling resistant and oppositional behaviors in children.
- Going Green in Childcare Centers
Barbara Mark – Helping children become stewards of our environment.
- Non-Directive Play – Building a Child's Self-esteem:
Megan Klotz – Using child-directed play to build self-esteem.

Come for the knowledge, take advantage of the networking, and have a good time with us in Quesnel. Certificates of Participation will be issued.

"Building Relationships With Children"

**The Cariboo Early Learning Conference
October 16, 2010**



**Sponsored by New Focus Society and the
Quesnel Child Care Resource & Referral Program
in Partnership with the College of New Caledonia**

