Revelstoke Children’s Services Directory

for children before birth to 6 years of age
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Revelstoke Early Childhood Development Committee:

We are a coalition of service providers, parents, and businesses interested in creating the best environment possible for the children of our community. The Revelstoke Early Childhood Development (ECD) Committee is committed to strengthening supports and services for families with young children in our community. Positive early childhood development benefits our entire community. If you share our vision, please join us!

Our Vision for Revelstoke:
Revelstoke envisions a caring community that acknowledges, values and supports the shared responsibility of investing in young children so that they may live, learn, play and dream in safe and healthy surroundings.

For up to date program and event information:

Children’s Information Board: located at the Revelstoke Community Centre on the way to the Reception Desk. This board is updated weekly and provides the latest brochures, event and program information.

Young Children’s Monthly Calendar: The latest program and event information for young children. The Calendar is displayed at the Revelstoke Community Centre and a number of organizations throughout our community. Call to have your email address added to our list so that you receive the calendar directly!

For more information on programs and initiatives, please contact Tracy Spannier, Early Childhood Development Coordinator at 250-837-6669.

The Revelstoke ECD Committee appreciates support from Success by 6, Children First and community partnerships with Revelstoke Credit Union and the Revelstoke Community Foundation.
# Quick Numbers

<table>
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<th>Organization</th>
<th>Phone Number</th>
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<td>Columbia Basin Alliance for Literacy (Revelstoke Family Literacy)</td>
<td>250-837-6669</td>
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<td>Community Connections</td>
<td>250-837-2920</td>
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<td>Jumping Jacks Preschool</td>
<td>250-837-5773</td>
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<td>1-866-847-4372</td>
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<tr>
<td>Leap and Learn Preschool</td>
<td>250-837-1273</td>
</tr>
<tr>
<td>Okanagan College</td>
<td>250-837-4235</td>
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<td>Okanagan Regional Library</td>
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<tr>
<td>Revelstoke Child Care Society</td>
<td>250-837-6669</td>
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<tr>
<td>Revelstoke Early Childhood Development Committee</td>
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<tr>
<td>Revelstoke Public Health</td>
<td>250-814-2244</td>
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<tr>
<td>Revelstoke Parks and Recreation</td>
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<tr>
<td>- Community Centre</td>
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<td>- Aquatic Centre</td>
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<tr>
<td>Revelstoke Speech Language Clinic</td>
<td>250-837-4285</td>
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<td>School District #19</td>
<td>250-837-2101</td>
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<tr>
<td>StrongStart Early Learning Centre</td>
<td>250-837-1273</td>
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<tr>
<td>Stepping Stones Child Care Centre</td>
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<tr>
<td>Toddler Time/Cool Kids Preschool</td>
<td>250-837-9351</td>
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The Young Children’s Calendar is created monthly. Call **250-837-6669** for pick up locations or email tspannier@thehub.literacy.bc.ca to receive your copy by email.
Expecting? Find out more about Prenatal Services in Revelstoke!

Revelstoke Prenatal Services

DIRECTORY

You can find copies of this directory at:

- Revelstoke Public Health
- Revelstoke Community Centre (ECD Information Board)
- Revelstoke Child Care Society
- Community Connections (Revelstoke) Society
- Revelstoke StrongStart Centre.

For more information contact:


Tracy Spannier, Early Childhood Development Coordinator: 250-837-6669
# Community Playgrounds

<table>
<thead>
<tr>
<th>Park</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Big Eddy Park</td>
<td>1800 Griffiths Road</td>
</tr>
<tr>
<td>Beruschi Park</td>
<td>303 Second Street</td>
</tr>
<tr>
<td>Centennial Park</td>
<td>Centennial Park Drive</td>
</tr>
<tr>
<td>Columbia Park (Tennis/Hockey Court)</td>
<td>137A Colbeck Road</td>
</tr>
<tr>
<td>Farwell Park</td>
<td>1400 West 1st Street</td>
</tr>
<tr>
<td>Kovach Park (skateboard park)</td>
<td>1100 Edward Street</td>
</tr>
<tr>
<td>Moose Park</td>
<td>1800 Park Drive</td>
</tr>
<tr>
<td>Queen Elizabeth Park</td>
<td>219 9th Street East</td>
</tr>
<tr>
<td>Woodenhead Park</td>
<td>1901 Mutas Road</td>
</tr>
<tr>
<td>Williamsons Lake Playground</td>
<td>Williamsons Lake Road</td>
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# Elementary School Playgrounds

*Families Welcome!*

<table>
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<tr>
<th>School</th>
<th>Address</th>
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<tr>
<td>Arrow Heights Elementary</td>
<td>1950 Park Drive</td>
</tr>
<tr>
<td>Columbia Park Elementary</td>
<td>120 Colbeck Road</td>
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<tr>
<td>Mount Begbie Elementary</td>
<td>420 Downie Street</td>
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<tr>
<td>Mountain View Elementary</td>
<td>601 2nd Street West</td>
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Revelstoke Community & Aquatic Centre: 250-837-9351

What’s goin’ on?

Watch for the City of Revelstoke Parks and Recreation Leisure Guides to arrive in your mailbox!

Watch for the:
- Fall Leisure Guide
- Winter/Spring Leisure Guide
- Summer Leisure Guide

You can also pick up the latest copy at the Revelstoke Community Centre.

Look for information on:
- Children’s and Family programs
- Library programs
- Events
- Community Organizations and Services
- Recreation opportunities
- Youth Sports
- Registration information
- Swimming programs
Aquatic Centre Hours:
All public swimming times
Monday to Friday: 6:30 AM - 9:00 PM
Saturday: 10:00 AM - 8:00 PM
Sunday: 12:00 PM - 8:00 PM
Statutory Holidays: 1:00 PM - 4:00 PM
*Hours may be different during summer months

www.cityofrevelstoke.com/pool
250-837-9351

Pool Passes are available at no cost to low income families.
To find out if your family qualifies, please contact
Patti Larson at Community Connections
250-837-2920.

Enjoy water books with your little one right in the pool!

PRESCHOOL SWIM LESSONS
Designed for ages 6 month to 5 years
The first two levels focus on water orientation and safety for parents and their children. Levels 3-7 build swimming skills and age specific Water Safety. The upper levels are geared to the advanced preschool programs. Call for details.
314, 2nd Street East
For information call 250-837-2920 or
website: www.community-connections.ca

PACT (Parents and Community Together):
This program offers service to parents of young children,
in an informal, unstructured setting. Opportunities to connect
with others while learning experientially are facilitated;
groups are participant driven. Free Parent & Child Drop-In
every Thursday 9am-12 Contact Cathy Girling at
250-837-2920 ext 38, for more information.

Jumping Jacks Preschool
Community Connections’ Jumping Jacks is a licensed Preschool for
children between the ages of 3 and 5. We offer two classes to choose
from: Monday/Wednesday/Friday or Tuesday/Thursday.
Classes are delivered by two qualified Early Childhood Educators, and
run between 9:00 and 11:30. Jumping Jacks provides a caring and
stimulating environment where children have fun while participating
in art, singing, games, puzzles, books, toys, movement and more. We
are delighted to incorporate Seeds of Empathy into our program. Location:
1550 – Illecillewaet Road. For more information or to register,
please call 250-837-5773, 250-837-2920 ext. 39, or call Rosetta at
250-837-4660 during the summer months.

Clinical Services
Clinical Services offers counselling services to
individuals and families who may be experiencing a
range of problems including anxiety, depression,
stress, parent-child conflict, loss/grief and violence
including sexual, physical and emotional abuse.
Healthy social opportunities are also provided for
youth through regularly scheduled events and activi-
ties and during the
summer camp program.
For information contact 250-837-2920 and ask to speak to
someone from Clinical Services.
Community Advocate
Provides information for individuals and families informing them of their rights and assisting them in accessing and problem solving with government agencies. For more information call Cathy Girling at 250-837-2920, ext 38.

Services to Children and Families
**Infant Development Program**: is a family centered service that supports families raising children between birth and 3 years of age who are at risk for or have a developmental delay or disability.

**Supported Child Development Program**: can provide additional supports in preschool or daycare settings so all children can be included in these settings. Our Supported Child Development Consultant can provide parents/staff with ideas for encouraging children’s development and/or managing behaviors.

**Community Connectors**: opportunities for children and youth with developmental difficulties to be part of their community by developing friendships and increasing their daily living skills. Contact Kristal Bradshaw at 250-837-2920 ext 39

Outreach Services
**Food Bank**: Coordinates free food distribution to those in need in the community of Revelstoke. The Food Bank is open every Friday between 8:30 am to 11:00 am and is located downstairs in the Royal Canadian Legion at 600 1st St. West.

The Food Bank provides non-perishable food hampers as well as milk, bread, fresh fruit and vegetables, weekly Kids Snack Program and the Christmas Hamper Program during the month of December.

**Baby Bundles**: A Food Bank program specifically for pregnant moms and families with babies under one year.

**Community Garden**: The garden is a common space where people work together to grow vegetables, herbs and flowers, share skills and knowledge, send time outside, beautify their neighbourhoods and contribute to their own food security.

**Community Kitchen**: The Community Kitchen is a group of individuals who meet regularly to cook healthy, nutritious meals, bake goods, or preserve food. Everyone is welcome!

Contact Patti Larson at 250-837-2920
REVELSTOKE BRANCH

OPEN HOURS:
Tuesday: 12-8 p.m.
Wednesday: 12-7 p.m.
Thursday: 10-4 p.m.
Friday: 10-5 p.m.
Saturday: 10-5 p.m.

605 Campbell Ave
250-837-5095
www.orl.bc.ca

Have fun at the Library!

- Board Books and Picture Books
- Children’s Videos
- Music on CD
- Children’s magazines
- Parenting magazines
- Books on tape
- Summer Reading club
- Books on parenting
- Families are welcome!
- Come on in to get your library card.

There is something for everyone at the Library!
Our FREE programs are designed to stimulate and create an early interest in reading!

Revelstoke Library Children’s Programs
250-837-5095

Tiny Tickle:
A free program with 30 minutes of nursery rhymes, tickle games, songs and stories in a relaxed and supportive setting for very young (non walking) babies and those who love them. Call for information and upcoming dates.

Tales for Tots
Tales for Tots is a great way to participate with your 2-3 year old child in a fun-filled pre-storytime setting.

Storytime
Storytime is for the older 3 1/2–5 year old child who is able to participate on their own in an environment full of stories, songs and fingerplay fun!

Please call for registration dates!
Jumping Jacks Preschool:
Come have some fun at Jumping Jacks Preschool! Join us for art, singing, games, puzzles, books, toys, movement and more! We have 2 classes to choose from: Monday/Wednesday/Fridays or Tuesday/Thursdays. Class times, for your 3 to 5 year old, are 9:00 to 11:30 am. For more information or to register, during the school year, please call, 250-837-5773. During the summer months call Rosetta at 250-837-4660 or call Community Connections at 250-837-2920. Location: 1550 Illecillewaet Road.

Stepping Stones Child Care:
Our goal is to provide a program that will promote the child’s physical, emotional, social, intellectual, and aesthetic development. We provide a theme based program geared towards the child’s interests. We understand that children learn through play, (as well as the educators!). We respect that each child is an individual with his/her own likes, abilities and needs. Materials are carefully selected to promote development in the whole child. The preschool program takes place daily 9:00 AM—12:00PM. All day child care also available from 7:45 AM—5:30PM. For more information, please call 250-837-5855. Location: 1401 W. 1st Street, (Farwell Centre)
Leap & Learn Preschool:
This unique program has parents involved in all aspects of program by volunteering in the preschool once every 15 times. “Learning will transfer between home and preschool helping to ensure a smooth kindergarten transition.”
Early Childhood Educators offer an enriched play-based program that promotes learning for the whole child. The program will be provided Tuesday and Thursday mornings, 9:00-11:30, for children 3 to 5 years of age.
For more information or to register please call 250-837-1273 or 250-837-6669.
Leap & Learn Preschool is a program of the Child Care Society and is supported by School District #19.
Location: 601 West 2nd Street, Room 102 at the Mountain View Elementary StrongStart Early Learning Centre.

Toddler Time and Cool Kids
Preschool Programs:
“Developing the whole child” Our preschool offers your child a variety of unique experiences in a licensed preschool setting.
The staff are certified early childhood educators who are dedicated to quality child care. Your child will participate in art, circle time, music, physical activities, field trips and socializing with other children. Our program promotes activities for the optimal development of your child in a safe and positive environment.
For more information or to register please call, 250-837-9351.
Location: Revelstoke Community Centre, 600 Campbell Avenue
The Revelstoke Child Care Society is a non-profit organization that works to provide parents with information about quality child care choices and early childhood development and supports child care providers through training, education and resources.

**Child Care Resource and Referral:**
- FREE child care referrals to License Not Required Child Care, Licensed Family Child Care, Licensed Group Child Care and Preschool.
- Provides parents with information about quality child care choices and early childhood development.
- Maintains a registry of child care providers in Revelstoke.
- Provides information and in person support for Child Care subsidy.
- Supports child care providers through training opportunities.
- Publishes an early learning and child care newsletter.
- Offers child care providers’ and parents’ workshops.

**Child Care as a Career?**
The Revelstoke Child Care Resource and Referral is looking for suitable, compassionate caregivers to provide quality home based family child care.

By becoming a CCRR Child Care Provider you will have access to:
- Professional development and networking opportunities.
- Increased subsidy rates
- Toy and resource lending library free of charge.
- Financial start up assistance for Licensed Not Required
- Introduction to Child Care Course; Levels 1 to 3
- Referrals (upon completion of program standards)
- Photocopying, laminating and craft supplies (min. fees apply)
- Consultant support
- Home support visits
- Free newsletter
- Computer and internet access
- A professional child care community
- And so much more!

*The CCRR program is funded by the Province of British Columbia.*
First Steps to Stepping Stones, Stepping Stones and Stepping Stones, Too! Child Care Centres:
Revelstoke’s Licensed Group Child Care Centres offer care for infants and toddlers, 3 to 5 year olds and school aged children. The Stepping Stones’ team of Early Childhood Educators provide a child focused program in an environment to promote individual love of learning. For information about full or part time care; our morning preschool program and school aged “after school care”, call 250-837-5855. Kindergarten and after school pick up available from Mt. View School.

Leap & Learn Preschool:
Early Childhood Educators offer an enriched play-based program that promotes learning for the whole child. The program is provided Tuesday and Thursday 9:00-11:30 a.m. for children ages 3 to 5 years of age. Leap & Learn Preschool is a program of the Child Care Society and is supported by School District # 19.

StrongStart Extended Hours:
The Child Care Society provides extended StrongStart Early Learning Centre hours. This allows for the centre to be open on Saturdays over the winter months as well as one day per week during the summer months (Tuesdays). Call for dates: 250-837-6669.

Play in the Park:
A fun playgroup in the park during the summer months. Open to the community and free of charge. Location: Queen Elizabeth Park. Time: Wednesday mornings, 10:00—12:00. Call for summer dates.

Early Learning Resource Library:
A full range of early childhood resources to borrow including:
- Early learning resource materials
- Developmentally appropriate toys
- Infant and toddler equipment.
- Children’s books (free of charge)
- Parenting books and DVDs
- Early childhood education resources
- Activity kits

The Resource Library is an incredible community asset!
Stop by for a tour!

The Revelstoke Child Care Society gratefully acknowledges the financial support of the Columbia Basin Trust, a regional corporation created to deliver social, economic and environmental benefits to the residents of the Columbia Basin for their support of early learning and care programs.
Family Literacy Drop-In
Please drop-in with any questions about accessing our programs or resources!

One to One: Volunteers are trained to read with children in school. Our strategies are aimed at increasing self-confidence and skills. Volunteers make a difference!

Mother Goose and Little Goslings
Activity Time: Come join us for a chance to share rhymes, songs, stories and giggles with your infants and young children! It is also an excellent chance to meet other parents! Ask us about Little Goslings Activity Time for older siblings.

Don’t let the name Mother Goose mislead you—Dads and other family members are welcome too!

Parents as Literacy Supporters (PALS) and Parents of Primary Students (POPS)
These programs are offered in Elementary schools in partnership with School District #19. Information and fun activity sessions provide families with tips, strategies and kits to support learning at home.

The Columbia Basin Alliance for Literacy gratefully acknowledges the following funders:
**Family Tutoring**
A tutor is provided to families in which some member has identified difficulty with reaching learning goals. Parents receive assistance to learn strategies to support their children’s learning.

**Stress Free Reading at Home Workshops**
A free evening workshop to provide tips and tools to parents to take the stress out of reading at home.

**Family Night Out**
This is an evening program for the whole family to enjoy together. Family activities, preschool circle time, family games, storytelling and multi-age group activities are some of the features of this fun time together. Different theme each week!

**Story Adventure Kit Lending Library**
Fun take home kits to borrow and discover the magic of imagination. Kits include a book and engaging activities for families to explore together. Available at the Child Care Society and StrongStart.

**Revelstoke Book Exchange**
The book exchange offers free books for all ages to borrow and bring back or keep and treasure. There are 8 locations: Community Center, Columbia Basin Alliance for Literacy, StrongStart Centre, the Food Bank, Family Laundry, the Revelstoke Awareness and Outreach Program, Revelstoke Arena and the QV Hospital waiting room.

**Other Projects:**
- **Roots of Empathy Community Partnership**
- **Books for Babies Library Partnership**
- **Literacy Awareness Events (including Family Literacy Day)**
- **Support of the Revelstoke Literacy Action Committee**
Revelstoke Public Health Unit  
1200 Newlands (Queen Victoria Hospital)  
Phone: 250-814-2244

Public Health Nurse services include:

- **Immunization:**
  Immunization is a cornerstone of health protection, and in BC vaccinations are offered free of charge to protect children from 12 different diseases. Vaccines in the first two years are given at 2, 4, 6, 12, and 18 months. When it comes to immunizing your child, an ounce of prevention really is worth a pound of cure.

- **Prenatal information**
- **Supports for new mothers**
- **Services for children with special needs**
- **Providing health information** (Including development, communicable diseases, safety and accident prevention)
- **Referral and resources for nutrition, parenting, child development, healthy lifestyles.**

**Baby Talk:**
A weekly series of guest speakers on a variety of topics (such as language development, nutrition or baby massage). Call for start dates and information.
Dental Services
FREE
‘Lift-the-Lip’
Public Health Dental Clinic

*It is important to check your baby’s teeth and start dental care early!*

Preventive Services for Children from 1-3 years:

- Learn about early childhood cavities
- Learn techniques for checking and cleaning your baby’s teeth
- Application of fluoride varnish (if required)

Offered at:
Revelstoke Public Health Unit
1200 Newlands Road
(Queen Victoria Hospital)

For more information or to book an appointment call the Public Health Dental Program

1-866-847-4372 (toll free)
or (250) 851-7300
The BC Early Hearing Program is a province-wide initiative to screen all babies for hearing loss.

The goal is to have all babies born in BC screened by one month of age. Why? Because babies learn speech and language from the moment they are born. Newborn hearing tests are important for families because much can be done if hearing loss is caught early in a baby’s life.

The screening is simple, safe and effective.
- Soft clicking sounds are played into a baby’s ears while a computer measures the baby’s responses.
- The hearing screen is usually done while the baby is sleeping or quiet.

For more information on the BC Early Hearing Program contact Interior Health at:

Revelstoke Public Health Unit:
250-814-2244

Revelstoke Speech-Language Clinic:
250-837-4285
Additional Health Services:

BC Nurses’ Line/ HealthLink BC:
  Dial 811: easy access to non-emergency health information and services 24 hours a day.
  www.healthlinkbc.ca

Environmental Health
  Ensuring and enforcing environmental health codes and standards. **Phone: 250-814-2244**

Child Youth Mental Health 250-837-7612

Dial-A-Dietitian:
  Free nutritional information: 1-800-667-3438 or www.dialadiettian.org. A registered dietitian will answer your nutrition questions on pregnancy and infant nutrition; Dietitians of Canada: www.dietitians.ca

Mental Health/Alcohol and Drug Services:
  Intake and counselling for mental health and drug and alcohol disorders. **Phone: 250-814-2241**

Nutrition Services
  Promotion of good health through nutrition information.
  **Phone: 250-814-2276**

Queen Victoria Hospital: 250-837-2131

Selkirk Medical Clinic: 250-837-9321

Sexual Awareness for Everyone in Revelstoke (SAFER)
  Confidential unbiased and nonjudgmental services and sexual awareness information open to all ages.
  **Wednesday evenings, 7-9PM**
  314, 2nd Street East
  **Phone: 250-837-2920**
  Web site: www.optionsforsexualhealth
Who are We?
The Revelstoke Speech and Language Clinic is staffed by Carolyn Duncan, Speech-Language Pathologist, who is dedicated to improving the communication skills of children aged 0 to 6 years of age.

What do we do?
We serve families of children with speech, language or hearing difficulties. Our goal is to provide an individualized service that meets the needs of every family. There is no cost for this service.

To Refer....
Anyone can refer a child for speech and language services. We encourage parents to refer their own child. Parents and others can call the Speech-Language Clinic at 250-837-4285.

Please contact us if you have any questions about your child’s speech, language or hearing development. Communication difficulties can be helped even before age one!
Your 6 month old does not smile at you or "play" with sounds.
Your 12 month old is quiet, does not "talk" in "baby language".
Your 18 month old does not use 10 single words.
Your 2 year old is not saying 2 words together.
Your 3 year old is not starting to talk in sentences.
Your 4 year old is not understood by everyone.
You've wondered if she was "slow to talk"
You have doubts about your child's hearing.

Meet with the Speech and Language Pathologist to discuss your concerns today!
Everybody Knows
Everybody knows I love my toes
Everybody knows I love my toes
I love my shoulders
My knees,
My elbows,
And my nose.
But everybody knows
I love my toes!

Down By the Station
Down by the station, early in the morning
See the little puffer bellies all in a row
See the station master pull his little handle
Puff, puff, toot, toot
Off we go!

The Moon is Round
The moon is round
As round can be
Two eyes, a nose
And a mouth ... Like me!

Zoom, Zoom, Zoom
Zoom, zoom, zoom
We’re going to the moon!
Zoom, zoom, zoom
We’re going to the moon!
If you want to take a trip
Climb aboard my rocket ship
Zoom, zoom, zoom
We’re going to the moon
5,4,3,2,1 BLASTOFF!

Dancing with Bears
1,2,3 ... 1,2,3
Dancing with bears
1,2,3 ... 1,2,3
Dancing ‘round chairs
1,2,3 ... 1,2,3
That’s what we’ll do.
1,2,3 ... 1,2,3
Dancing with you!
Screen Smart seeks to provide media information to families.

What is Screen Smart?
Screen Smart wants to help families better understand how electronic media - TV, computers and the internet, - may influence their lives, and suggest ways that parents and children can best manage media. Screen Smart does not take a position that TV and computers are necessarily ‘good’ or ‘bad’.

Instead, Screen Smart aims to provide information so that people can manage technology in a way that benefits their children and themselves.

Watch for the annual Screen Smart Challenge Week! The ‘Screen Smart Challenge’ is a fun opportunity for Revelstoke families to turn off their screens, unplug, and get active. The Challenge will include a series of activities to support families in their efforts to ‘unplug’ as well as prizes for trying it out!

Look for Screen Smart brochures at the Revelstoke Community Centre Early Childhood Development information board and check out our website for the latest information.

For More Information:
Screen Smart Community Committee
Website: www.screensmart.ca
The most precious gift we can give our children is:

Our Time

Revelstoke Early Childhood Development Committee
Prenatal Complete Series
Consists of eight classroom hours plus a hospital tour. Topics covered include labour and delivery, interventions and complications, postpartum for mother and baby, breastfeeding and newborn care. Financial assistance is available if needed—please inquire with receptionist.
Course code: HLT 021 8HRS $79+GST

Emergency Childcare First Aid and CPR Level B:
An overview of First Aid and CPR techniques taught in an interactive environment for individuals who care for infants or children in the workplace or at home. It covers skills needed to recognize, prevent, and respond to cardiovascular emergencies for adults, children, and babies, as well as other topics including choking, airway and breathing emergencies, and prevention of disease transmission.
Course code: HLT 082 8HRS $79+GST

Communicate with your Baby through Signing
Sign Language is a great way to begin communicating with your baby long before they can talk and can give you insight as to what a baby is thinking, thus often avoiding frustrating moments. This introductory workshop will cover basic foods and common routine events in a baby’s life, as well as basic emotions. Parents or caregivers, not babies, should attend the first workshop.
Course Code: HUM 017 4HRS $45+GST

For more information on Okanagan College courses and services please call: 250-837-4235
A free drop-in program for children 5 and under and their parent, grandparent or caregiver.

A time for play:
- Explore with sand and water
- Explore through art with a variety of mediums
- Develop all the senses
- Learn songs, enjoy music
- Learn fingerplays
- Listen to stories
- Play dress-up
- Climb and slide
- Build with blocks
- Pretend play with animals, little people, dolls
- Play with natural and real materials
- **Nutritious snacks are provided**

**Drop-In Times:**
Choose from:
- Mon., Wed., & Fri: 9:00-12:00
- Tues & Thurs afternoons: 12:30 - 3:30
- Fall and Winter Saturdays: 9:00-12:00
(Call for start dates)

For more program details please contact:
**Sheri Ralph, ECE**
Early Learning Program Coordinator
Phone: 250-837-1273
Email: sralph@sd19.bc.ca

We are located at:
Mountain View Elementary School
(2nd Street West entrance by the flag)
Room #102, 601 West 2nd Street, Revelstoke, BC V0E 2S0

The StrongStart Early Learning centre is fully funded by the
Indoor Playground for Preschool Aged Children

Leap Land is located just downstairs from StrongStart and will be open during StrongStart hours, including winter Saturday mornings!

A place to play, move and learn!

For more information or times please contact:
Phone: 250-837-6669 or 250-837-1273
Email: sralph@sd19.bc.ca

We are located at:
Mountain View Elementary School
(2nd Street West entrance by the flag)
601 West 2nd Street, Revelstoke, BC
School District staff are active participants working with Revelstoke preschools, community literacy committees, and the local Success by Six committee to help shape a community response to literacy and child development needs.

**READY, SET, LEARN**

**What is Ready, Set, Learn?**
Ready, Set, Learn is an open house event to welcome parents/caregivers and their three-year-old children to their local elementary school for an introduction to the school and Early Childhood Development (ECD) community resources. Families will be invited to participate in fun activities and will receive:
- An age-appropriate book
- A family kit with helpful tips to support preschooler’s learning and development.
- Information for families from participating ECD service providers.

**Call 250-837-2101 for event dates**
This simple questionnaire will provide a quick check of your child's development and an opportunity to consider any questions you might have.

The **Ages and Stages Initiative** is a Sub-committee project of the Revelstoke Early Childhood Development Committee to ensure that all families of **three year old children** have the opportunity to fill in an Ages and Stages Questionnaire.

**We are here to help:**
If you have any questions or concerns about your child’s development, ask your community early learning and care service provider.

For information contact the Early Childhood Development Committee at **250-837-6669**

*Because the early years are critical to a healthy mind and body for life.*

*This project will be implemented in January 2010*
ADDITIONAL INFORMATION:

24-Hour Crisis Line: 250-837-6601

Enquiry BC: Free long distance calls to any B.C. government program, service or person please dial 1-800-663-7867

Ministry of Children and Family Development: 250-837-7612

Child Youth Mental Health  250-837-7612

Parent Helpline 1(888) 603-9100 (available 24 hours a day/7 days a week) Anonymous, confidential support from professionally trained counsellors to address any parenting questions and concerns.

Post Partum Depression: Call a public health nurse at 250-814-2244

Revelstoke Women’s Shelter: 250-837-1111

Victim Assistance Program: 250-837-9260

Welcome Wagon: Call Marina at 250-837-3190

Children Services Directory: Tracy Spannier—Early Childhood Development Coordinator: 250-837-6669


Websites to Check:

Health:
- BC Ministry of Health: www.bchealthguide.org/healthfiles/index.stm
- Canadian Health Network: www.canadian-health-network.ca

Parenting:
- Parent’s Place: www.parentsplace.com for prenatal/parent content.
- Parent Soup www.parentsoup.com ; prenatal/parenting content
- Today’s Parent: www.todaysparent.com ; prenatal/parenting content
Children’s Services

for children before birth to 6 years of age

This directory was created by the Revelstoke Early Childhood Development Committee who appreciates support from Success by Six and Children First. For more information or to get involved, please contact us today!

Revelstoke Early Childhood Development Committee

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